



Great Response to "Health Rocks"

Kristi McCaleb, our Program Coordinator, has had a great semester sharing prevention education with the fifth graders in our community. With the help of students from the University of Tennessee's Public Health program, the "Health Rocks" curriculum has been shared with five schools in the county, reaching 36 classes and over 200 students. We are hopeful that we will see the fruits of this prevention education on our substance use surveys in a few years when these current fifth graders become high school students.



Hidden in Plain Sight

We are excited to announce the completion of a unique community resource, our "Hidden in Plain Sight" trailer. Set up like an adolescent's bedroom, it is intended to help parents identify where and how alcohol and drugs may be hidden in their child's bedroom. Let us know if you have upcoming events and would like this to be included. Alongside the mock bedroom, ICARE staff can be available to educate parents on potential signs of substance use in their children and how to initiate conversations.

This project is funded under a grant contract with the state of Tennessee Department of Mental Health and Substance Abuse Services

Dates to Remember

ICARE Coalition Meetings are the last Thursday of every month – April 27, May 25, and June 29 at 11:30 via Zoom. Watch your email for the link.

April 10, May 8, June 12 from 3–6 p.m. – Drug Awareness Days at Okies

April 13 (6–7:30 p.m. at 3625 Maynardville Hwy.) – Caregiver Workshop: Substance Use and The Adolescent Brain *See attached flyer, and be sure to register if you plan to attend

April 22 (10 a.m. – 2 p.m., 130 Veteran's St. Suite B) – National Drug Take Back Day event, Bring unused medications for proper disposal and prevention of misuse





FREE

Caregiver Workshop: Substance Use & The Adolescent Brain

**Dinner
provided**

April 13 2023

6:00 pm - 7:30 pm

Journey Church

3625 Maynardville Hwy, Maynardville, TN 37807

The brain development of youth makes them particularly vulnerable to substance use and its lasting consequences. Strategies to promote healthy youth development during this critical period will be shared

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register now



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